**[Diane D'Angelo](https://iliff.instructure.com/courses/1867503/users/5042571" \o "Author's name)**

FridaySep 16 at 8:58pm

Hi there, everyone:

My apologies for the late post. Just signed up for this class today. This fall marks my third and final year in the MDiv program. I live about a mile east of Iliff and attend Mountain View Friends Meeting (Quaker). I was raised Catholic, but had a Southern Baptist mother who ensured I knew her tradition as well. My spiritual path has also included time in the United Church of Christ and several years studying Buddhism.

As regards the third question I practice mindfulness during care conversations. I note when I am reacting to something a patient has said and put the reaction aside mentally so I can be more present. I don't try to get rid of it, but may reflect upon it later.

I wish I had a family picture to share, but alas, I was one of those unfortunate LGBTQ folks who lost family when I came out waaay back in the day. I do have a most handsome poodle boy, however, named Steve. :)

*Edited by*[*Diane D'Angelo*](https://iliff.instructure.com/courses/1867503/users/5042571)*on Sep 16 at 9:11pm*