**Assignment Outline for Crisis Care Course**

**PART 1. Scenario for the Caregiving Conversation [detail the scenario for the fictional spiritual care conversation and your role]**

**PART 2. Conversation**

**PART 3: My embedded/lived theology generated by stress-, emotion-based reactions**

1. Emotions
2. Values (5 most salient)[[1]](#endnote-1)
3. Embedded beliefs: *My embedded beliefs about this crisis arising from my stress-based emotions and values (quote from Nelson [2003] to describe beliefs about moral redemptive, eschatological, radical ambiguous suffering)*
4. *Habitual ways of coping*

**PART 4**: Intersecting social oppressions/privileges that shape my emotions, values, beliefs and coping in life limiting ways

**PART 5: My intentional theology**

1. *Spiritual Practices:* Describe a body-centered spiritual practice you could use during the conversation to be aware of when/how (a) your body reacts to stress and then (b) you inadvertently live out a theology of stress-associated emotions (like anger, fear, shame, guilt).
2. Emotions
3. Values (5 most salient)
4. My intentional beliefs about suffering and hope, arising from compassion *(use Nelson [2003] to describe beliefs about moral redemptive, eschatological, radical and Habitual ways of coping: ambiguous suffering; also quote from all of the readings on hope in this week’s forum)*

**Learning Goals**

* 1. What have you learned about yourself as a spiritual caregiver from this video spiritual care conversation?
	2. What learning goals do you have as a result of what you have learned?
	3. How/where can you pursue these learning goals?
	4. What support do you need to pursue these learning goals?

**You must include quotations from the case study, Nelson (2003), Doehring (2018), all of the readings on hope provided for this week’s case study, and any of the readings on theologies of hope you found relevant for this case study.**

**At the end of your case study provide a reference list of all of these sources in APA formatting (Note: One of the aspects of our learning covenant is to use consistent formatting and I provide ways of doing this by always providing references in APA formatting in all course material.)**

1. **Life Values Inventory List of Items**

|  |
| --- |
| **Life Values that are important in guiding my actions and daily life** |
| **Achievement:** *Striving for professional and personal goals; pushing and challenging myself to develop in new ways* |
| **Belonging:** *Being an integral part of a larger whole (e.g. family, workplace, professional organizations, faith community), respecting the traditions of my family/the group,*  |
| **Spirituality:** *Connecting with something greater than myself* |
| **Concern for others:** *Helping others, being sensitive to the needs of others, looking out for and taking care of others*  |
| **Creativity:** *Being creative, participating in a creative process of discovery* |
| **Responsibility:** *Being reliable and trustworthy, fulfilling my responsibilities, having a sense of duty about what needs to be done and following through* |
| **Financial security:** *Being financially secure and responsible* |
| **Health and activity:** *Taking care of my body/health* |
| **Independence:** *Working independently, setting my own timetable and goals* |
| **Interdependence:** *Working collaboratively in teams and groups* |
| **Privacy:** *Having time/space to myself; respecting the privacy and space of others, not intruding* |

 [↑](#endnote-ref-1)