**Research Paper Outline**

**Preface:**

Part A. Why did you choose this assignment; what do you hope to gain from doing this assignment?

**Part B. Your spiritual practices:** Describe the intrinsically meaningful body-aware practices you used in working on this assignment that

1. Increased self-awareness of one’s stress-based reactions/emotions that give rise to life-limiting, socially oppressive beliefs, values, and consumer ways of coping, especially for coping with academic stress.
2. Increased self-compassion, self-transcendence, and relational systems that support use of meaningful body-aware practices as a basis for searching for meanings about one’s stress responses and life experiences.

**Thesis:** Introduce your topic, define key terms in your own words, and conclude your opening paragraph with your thesis/argument **(see:** [**https://iliff.bloomfire.com/series/3207572/posts/2869686-make-a-thesis-statement-work-for-you-fact-sheet**](https://iliff.bloomfire.com/series/3207572/posts/2869686-make-a-thesis-statement-work-for-you-fact-sheet)**).** A thesis statements should be one sentence in length, about 25–30 words, indicating the claim or point to be made in the paper.

**Body of the Research Paper:** Under subheadings review and evaluate core scholarship that supports your argument, elaborating key terms in your own words.

If it fits your method (e.g., practical theology) describe a case study or a way you would like to implement your thesis in practical arenas of religious leadership.

A bibliography that includes at least 12 scholarly books, articles, and other appropriate resources directly related to the thesis. Do not include encyclopedias or dictionaries on this reference list.

You are expected to

a. use the resources of the writing center <https://iliff.bloomfire.com/posts/2858956-online-writing-resources-suggested-sites>

b. and submit your near final draft to the writing center to get feedback on your research paper. <https://www.iliff.edu/writinglab/>

Review the grading rubric to make sure that you meet all requirements of the final assignment.