*A New Zealand Book of Prayer = He karakia Mihinare o Aotearoa*

**The Lord’s Prayer**

Eternal Spirit,  
Earth-maker, Pain-bearer, Life-giver,  
Source of all that is and that shall be,  
Father and Mother of us all,  
Loving God, in whom is Heaven:

The hallowing of your name echo through the universe!  
The way of your justice be followed by the peoples of the world!  
Your Heavenly will be done by all created beings!  
Your commonwealth of peace and freedom sustain our hope and come on Earth.

With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and testing, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.

For you reign in the glory of the power that is love, now and for ever.

Amen.

**A THANKSGIVING FOR OUR COUNTRY**

Blessed are you, God of the universe.   
You have created us, and given us life.

Blessed are you, God of the planet earth.   
You have set our world like a radiant jewel in the heavens,   
and filled it with action, beauty, suffering, struggle and hope.

Blessed are you, God of Aotearoa New Zealand \*   
in all the peoples who live here,   
in all the lessons we have learned,   
in all that remains for us to do.

Blessed are you because you need us;   
because you make us worthwhile,   
because you give us people to love   
and work to do   
for your universe, for your world and for ourselves.

\* This may be adapted in Polynesia

(*A New Zealand Book of Prayer = He karakia Mihinare o Aotearoa*, Prayers for Various Occasions, 142)