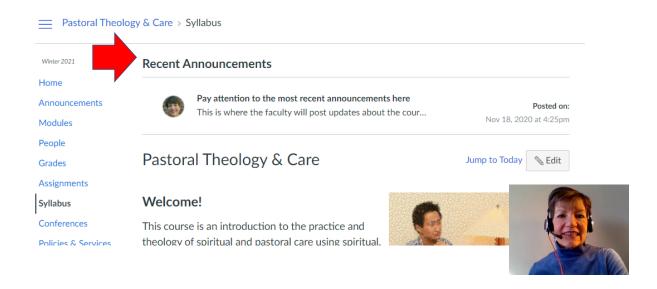
IST 2012 Pastoral Theology and Care Winter, 2021

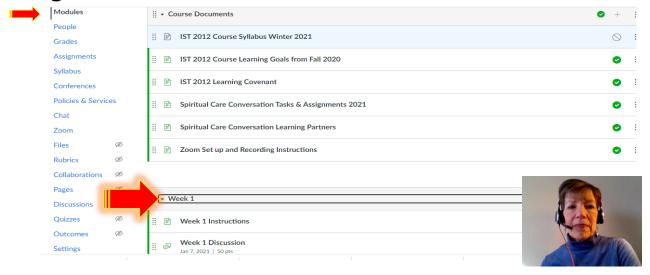


1

Watch for recent announcements

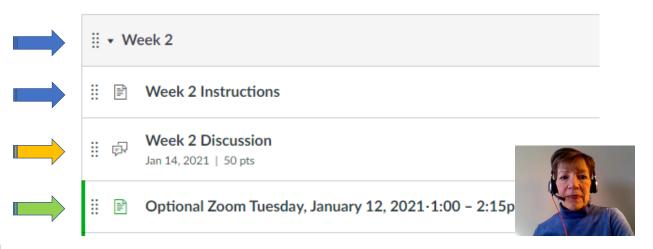


There is a module for each week in our ten-week quarter. Each module lists instructions and assignments for that week



3

Some weeks have several kinds of activities



Tech Questions support@iliff.edu

Content Questions cdoehring@iliff.edu

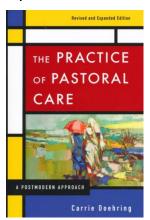


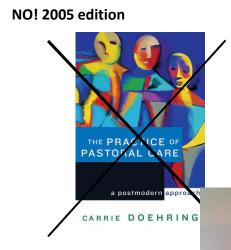


5

Required Textbook: Make sure you have the 2015 edition







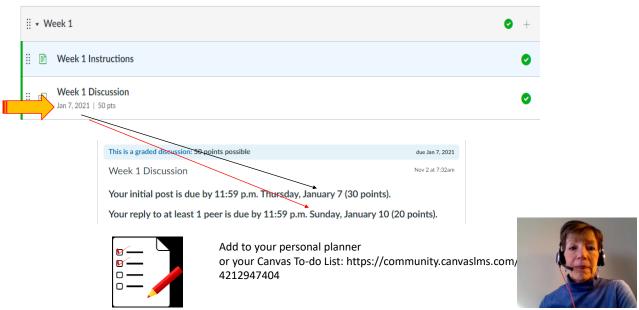
Cite Sources in APA format

- (Author_last_name, year, p. x)
- •(Doehring, 2015, p. 32)
- (Doehring, 2015, pp. 1-2)



7

Discussion Post/Response Deadlines





9

1. Respond to all parts of all prompts

2. Number your responses to match the prompts e.g., 1a, 1b, 2a, 2b, 3

In your initial post, respond to each of the following prompts. To save space, do not copy instructions, just identify each response with the corresponding prompt (e.g., 1a, 2b, etc.). You must post before you can see what your peers have posted.

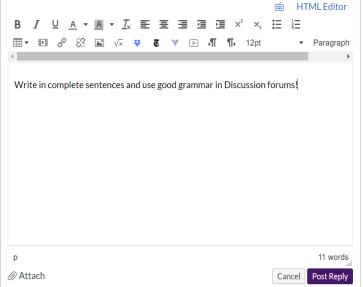
- 1. (a) Identify and describe a breath- or body-centered practice you want to experiment with this week as you do the readings and participate in forum discussions (b) describe how your practice helps you track how you experience stress in your body, the emotions associated with such stress, and what it feels like when your nervous system shifts from a stress response to a relaxation response. (100-200 words)
- 2. (a) Use the reading from Doehring to describe how this course could be helpful professionally and/or personally in making spiritual care a more intentional part of your life and/or vocation. (b) Support your comments with at least 1 quote from

Doehring's text. You only need to use a parer for the textbook. Format: (Doehring, 2015, p words, excluding quote)

3. Describe how/why one or more Course Le may be challenging for you to learn and prac

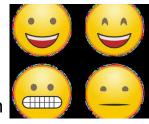


Write in complete sentences and use good grammar.



No emojis.

Do not use a casual, conversation al tone, as you might in a text or email to a friend.





11

Be Concise

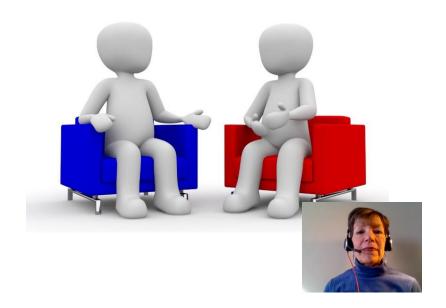
COFFEE

Pay attention to word limits e.g., 150-200 words



Spiritual Care Conversations

- You will have the opportunity to practice being the spiritual *caregiver* in one conversation.
- You will be the care seeker in the other conversation.



13

Spiritual Care Conversations

W3 Spiritual Care Conversation Assignment: Find a partner

W5 Care Seeker Assignment: Develop your care seeker scenario

W6 Care Seeker Assignment: Share and negotiate your scenario

W7 Record two 15 to 20-minute spiritual care conversations with your learning partner. In one conversation, you will be the spiritual caregiver, and in the other conversation, you will be the spiritual care seeker

W8 Spiritual Care Conversation Reflection Assignment: how you did/did not demonstrate course learning outcomes in this spiritual care conversation. Upload your spiritual caregiver video and your reflections to (1) the Week 8 Assignment and (2) to the Week 9 Spiritual Care Discussion Group Page

W9 Read the three assignments of your discussion group participants (includ partner's). Post your reflections to the Week 9 Discussion Forum

Spiritual Care Conversations



 Notice when you should post/respond as the care seeker and when you should post/respond as the caregiver!

15

Optional Zoom sessions with Carrie and Jeff

Tuesdays 1:00-2:15pm Mountain time

Weeks 2,5,8

January 12,

February 2,

February 23



