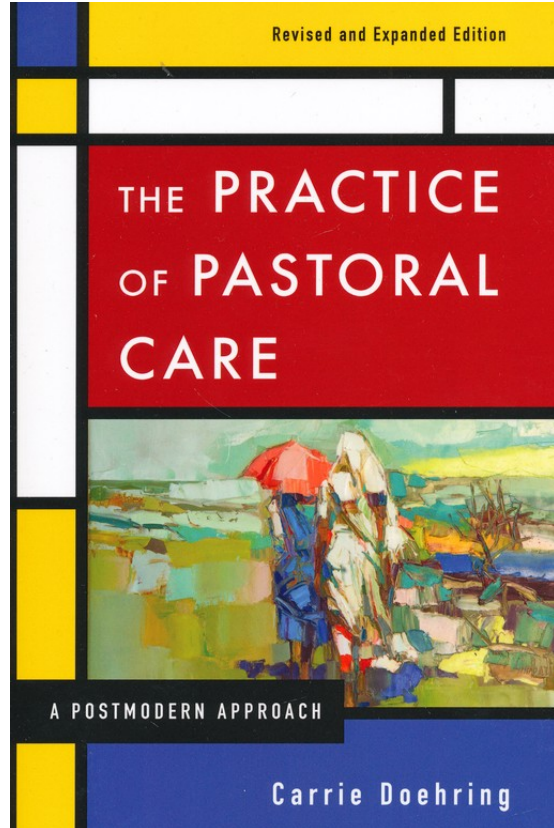


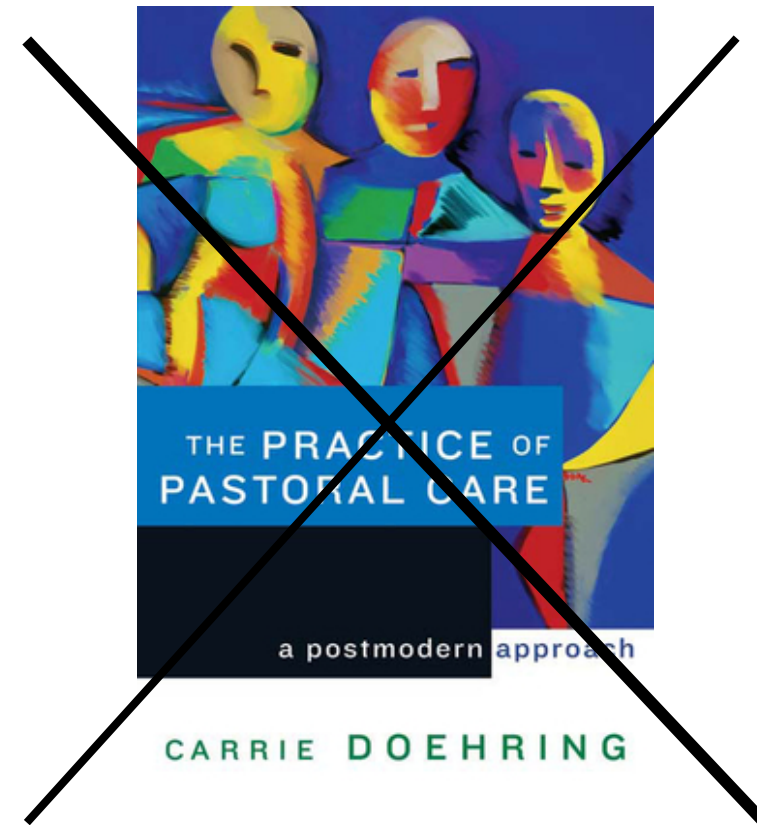
IST 2012 Pastoral Theology
and Care: Overview
Winter, 2022

Required Textbook: Make sure you have the 2015 edition

YES: 2015



NO! 2005 edition





Gathering Days Classes

Students registered in Section 1 are required to attend on Wednesday, Feb 9 from 1 – 5 pm

- Elizabeth Brahler
- Mario D Gross
- Heather Lynn Mauney
- Zephyr Rae McConnell
- Jaclyn Rose Perez
- Frances Rae-Lynn Randolph
-

Students registered in section 2 are attend Thursday Feb 10 from 8 am – noon

- Haley Anderson
- Alexis Shayvon Dunbar
- Ina Elizabeth Gorzig
- Tyler C Grayson
- Robin Rose
- Kelsey Meredith Ross




There is a module for each week in our ten-week quarter. Each module lists instructions and assignments for that week

Winter 2022

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Week 1

Week 1 Instructions
Jan 10, 2022

Week 1 Discussion
Jan 10, 2022 | 10 pts

Week 1 Response
Jan 13, 2022 | 0 pts

When you post in your discussion forum: Write in complete sentences and use good grammar.

HTML Editor

B *I* U A A I_x x^2 x_2 12pt Paragraph

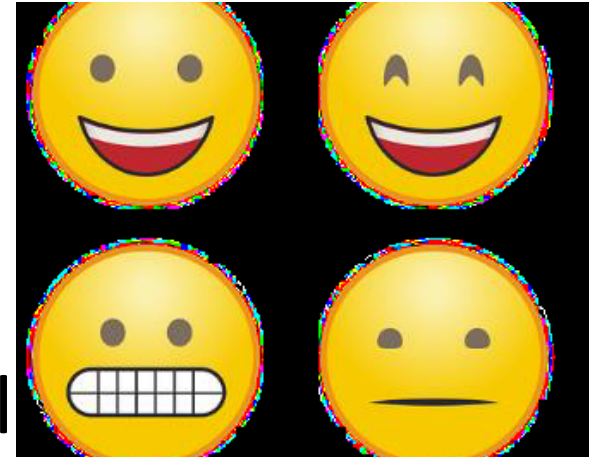
Write in complete sentences and use good grammar in Discussion forums!

p 11 words

Attach

No emojis.

Do not use a casual, conversational tone, as you might in a text or email to a friend.



Discussion posts and responses are worth 65% of grade *Note: Each point is 1% of the final grade* Weeks 1 – 4, 7, 9 Discussions – 60 points (10 for each week)

Grading Rubric for Weekly Forum Discussion Posts and Responses

7 points for discussion posts:

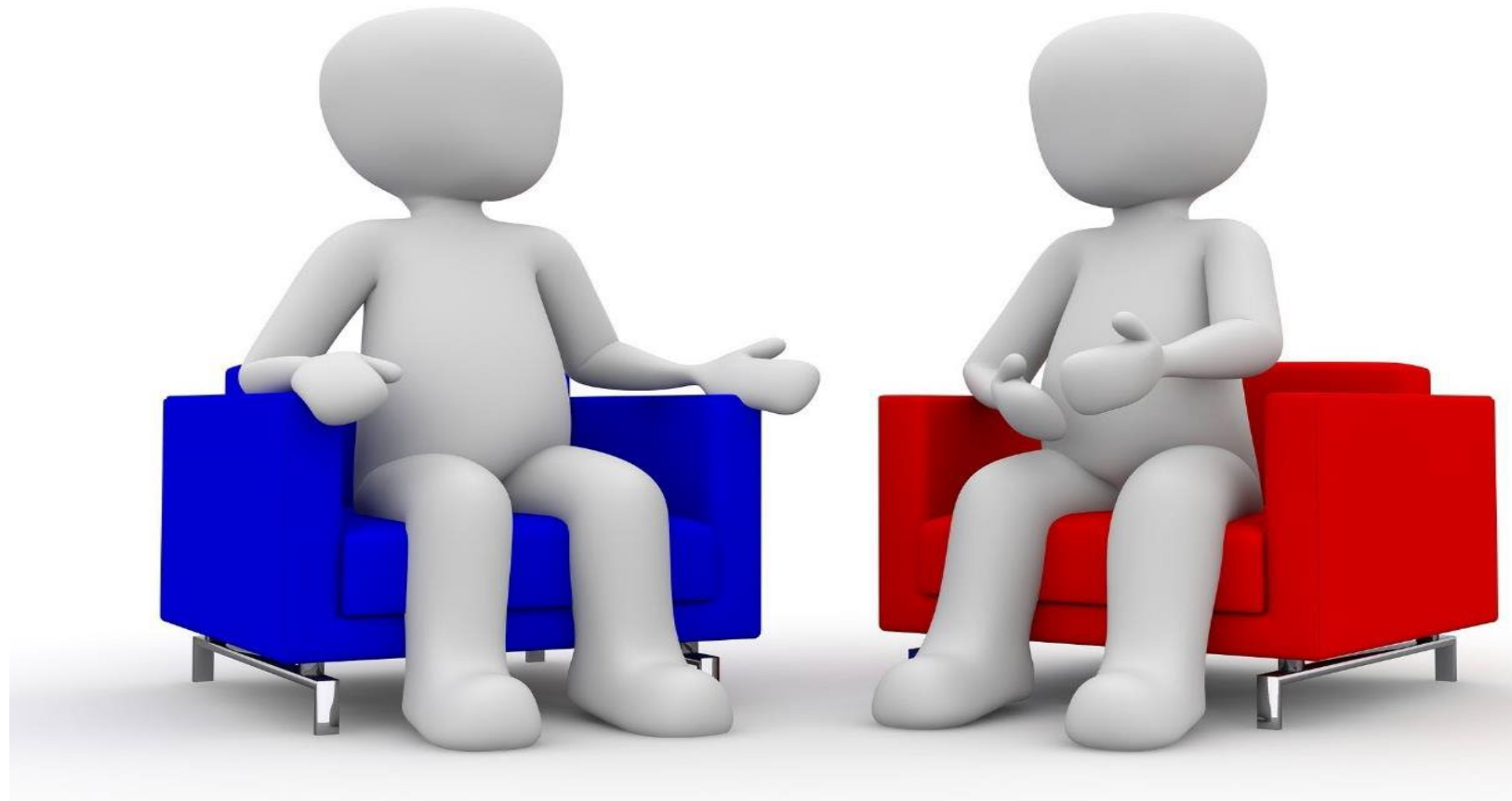
- On-time (1)
- Demonstrates *spiritual self-care* through reflexive descriptions exploring spiritual practices (2)
- Cite *quotations* referencing key concepts from each reading (2)
- Substantive discussion of *key concepts* in response to each discussion prompt (2)

3 points for responses:

- On-time (1)
- Demonstrates *active listening* by referencing details from a group member's post (1)
- Deepens substantive discussion of *key concepts* (1)

You will learn and practice spiritual care in two recorded and transcribed spiritual care conversations

-
- You will have the opportunity to practice being the spiritual ***caregiver*** and the ***care receiver*** in two conversations, one recorded in week 5, the other recorded in Week 7.



Spiritual Care Learning Partners: If you want to find your own learning partner in your section, email that person (Iliff emails addresses are usually the first initial and last name), and if they agree to be your learning partner, go to the week 2 Learning partner page, and edit it to list you and your partner as a learning pair. Dr. Doebling will pair up those who have not signed up as partners by week 3.

Students registered in Section 1 will pair up with someone in your section

- Elizabeth Braehler
- Mario D Gross
- Heather Lynn Mauney
- Zephyr Rae McConnell
- Jaclyn Rose Perez
- Frances Rae-Lynn Randolph
-

Students registered in section 2 will pair up with someone in your section

- Haley Anderson
- Alexis Shayvon Dunbar
- Ina Elizabeth Gorzig
- Tyler C Grayson
- Robin Rose
- Kelsey Meredith Ross

Spiritual Care Conversation tasks, assignments and discussions: 35% of grade

W2 You can either sign up with a learning partner or be assigned one in your section so that you can meet during our gathering days' time

W5 During Gathering Days you will complete two 15" zoom conversations spiritual care conversation about spiritual self-care practices with your partner. In one conversation, you will be the spiritual caregiver practicing deep listening skills, and in the other conversation, you will be the spiritual care seeker describing spiritual self-care practices for coping with stress. You will do iCloud zoom recordings that generate transcriptions You will also schedule your W7 spiritual care conversation

W6 Deep Listening Assignment: Assessing active listening and spiritual differentiation using the Week 5 transcript – 10 points

W8 Spiritual Care Conversation Reflection Assignment: Assessing active listening, spiritual differentiation, empathy and reflexivity using the Week 7 transcript – 25 points

Week 5 conversations

- During gathering days, we will use part of our time for you to do your zoom icloud recordings of spiritual care conversations with your partner (one in which you receive care, the other in which you offer care).
- You will use this **Conversation guide for exploring spiritual practices for managing stress**
- Opening question: What helps when you feel stressed out?
- *Use deep listening to pay attention to the words/phrases used by your partner. Demonstrate that you are listening by making an affirming response using the words/phrases you remember, in a following style (that is, you do not interpret or translate their words into your own words, and you do not ask questions; you simply affirm) and then pause. You might allow for a moment of silence and then if your partner doesn't continue, prompt them to say more, provide more details (e.g., can you say more about how that helps?).*

Recording and saving this conversation to Zoom Icloud will generate a transcription, which you will use for your week 6 assignment assessing what it was like to practice deep listening.

Week 6 : Assessing Deep Listening and Self-Differentiation

Part 1: Transcription: Copy and paste the transcription generated by your cloud recording of the spiritual care conversation in which you were the care provider. This page gives details on how to access the [transcriptions generated from iCloud zoom recordings](#).

Part 2: Assessing Deep Listening and Self-Differentiation. In each of the sections below, you are required to **include quotations** describing key concepts from these two [course learning goals: \(1\)](#) Practicing a spiritually integrative learning process; (2) Practicing spiritual self-differentiation

a. SPIRITUAL PRACTICES

b. SELF-COMPASSION:

c. DEEP LISTENING:

d. SPIRITUAL SELF-DIFFERENTIATION:

Grading rubric

- Cite *quotations* referencing the following key concepts from learning goals: (a) spiritual self-care and integration, (b) spiritual differentiation (5)
- Substantive *self-assessments* of: (a) spiritual self-care and integration, (b) deep listening skills, (c) spiritual differentiation (5)

Week 7 Conversations and Week 8 Assignment

When you meet with your partner during gathering days, you will schedule your week 7 conversations, and then when you meet on zoom you will use this **Conversation guide for spiritual care conversations about moral stress**

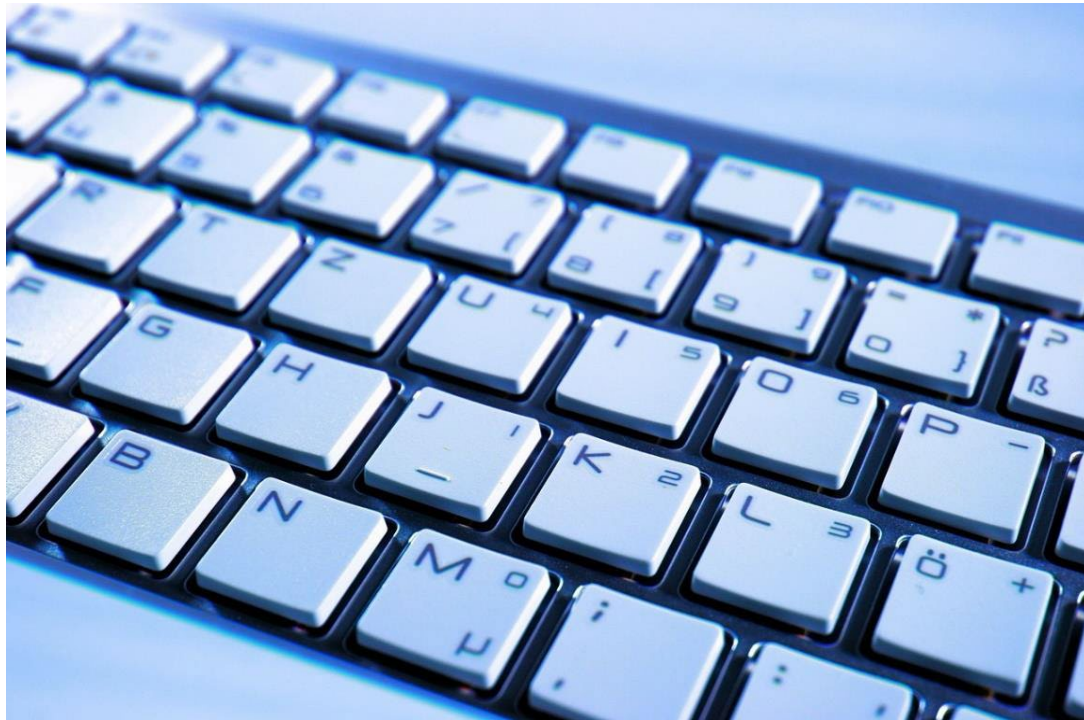
- Would it be okay to begin with a calming spiritual practice, of taking a few slow, deep breaths?
- Would you like to talk about a stressful experience, perhaps related to Covid, racial inequalities or global warming?
- How do you experience *stress in your body* (as you recall this experience or during the experience)?
- Say more about what *emotions* were part of this experience?
- *Let's Pause* for a slow, deep breath
- Were there *conflicts in values that increased stress*?
- Did you feel supported?
- Was there *a sense of purpose* that carried you through this experience of stress?
- Let's finish with another slow, deep breath.

Recording and saving this conversation to Zoom icloud will generate a transcription, which you will use for your week 8 assignment assessing how well you practiced the course learning goals.

Grading rubric for Week 8 Assignment

- Cite *quotations* referencing the following five key concepts from learning goals and Doehring and Kestenbaum (in press): (a) spiritual self-care and integration, (b) spiritual trust, (c) spiritual differentiation, (d) spiritual empathy, and (e) spiritual reflexivity (5)
- Quote from five *readings in the course* [bibliography](#) (one point for each reference quoted). (5)
- Substantive *self-assessments* of each of the five key concepts from learning goals and Doehring and Kestenbaum (in press): (a) spiritual self-care and integration, (b) spiritual trust, (c) spiritual differentiation, (d) spiritual empathy, and (e) spiritual reflexivity (15)

Tech Questions
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Content Questions
cdoehring@iliff.edu

